

The Defusing Hatred Program

Learn nonviolent communication skills in a safe environment and develop tools for responding to uneasy situations and hate speech.



Enjoy an informative, visual presentation followed by conversation and hands on experience through role-play.

**Sunday, April 29th at 3 pm
Congregation B'nai Tikvah
125 Hillcroft Way, Walnut Creek**

We host this program with the hope of building communities of care and protection of the vulnerable around us, especially in this time of heightened tension and public acts of aggression.

We will share institutional and personal forms of interruption of cultural oppression. And then we will do some role-playing of different situations to discuss how best to be present for others. We will do a quick survey of history of hate crimes in CCC and beyond.

This gathering is for members of the faith community and the broader community. It will go from 3:00 to about 4:30 pm. For more information, contact Rev. Will McGarvey at 925.597.9797 or eye4cee@gmail.com.