



# Reimagine

## Mental Health Care Conference

Hosted by Putnam Clubhouse



Thursday, August 27, 2020

9am – 5:30pm

Due to the current pandemic, Putnam Clubhouse is unable to hold our in-person gala. Instead we have created an exciting virtual conference that will rival the fun and educational experience of our past events.

Please join us on Thursday the 27<sup>th</sup> of August, for our 13<sup>th</sup> annual event: **'Reimagining Mental Health Care'**

With a variety of services and supports, people with mental health concerns or psychiatric disabilities can and do thrive in their communities. Unfortunately, many Americans lack access to the services and supports they need and want. For those who receive services, it is often only after an extended period of struggling and crisis that services and supports become available.

The current pandemic demonstrates how critical it is to have a comprehensive mental health system of care. In reality, a mental health crisis has been brewing for decades, but the pandemic brings to light the need for increased mental health education and resources. Our presenters will address some of these challenges while focusing on solutions as together, we **"Reimagine Mental Health Care"**.

We've planned an engaging collection of sessions, including individual and panel presentations with question and answer discussions by educational and motivational speakers.

### SOME OF OUR PRESENTERS INCLUDE:

**Plenary Keynote Presenter:** Ashwin Vasan, M.D., PhD. President and CEO, Fountain House, NY;  
**Guest Speakers:** Thomas R. Insel, M.D., Special Advisor to California Gavin Newsom, & Chair of the Board of the Steinberg Institute in Sacramento, Co-Founder of Nest Health; Lara Gregario, LCSW; Co-Founder and CEO of Nest Health; Sandy Young, LMFT, Admissions Manager, John Muir Behavioral Health Center; Stuart Buttlire, PhD, MBA, regional Director of Kaiser Permanente Northern California, Behavioral Health and Addiction Medicine; Patty Blum, Executive Vice President Crestwood Behavioral Health Inc.; Meji Singh, M.D., Founder, The Hume Center; Natasha Molony, PHD., Director of Training, Director of Prevention, The Hume Center; Teresa Pasquini, Contra Costa County Mental Health Commission, 2009-2015, Co-Founder Mental Illness FACTS-Family and Consumer True Stories; Lauren Rettagliata, Advocate, Interfaith Peace Project, Past Chair, Mental Health Commission, NAMI Contra Costa; Cindy Mataraso, PsyD., Director of Operations, Crestwood Behavioral Health Inc.; Shawn Gilbert and Mary Schreiber of the League of Women Voters of Diablo Valley; Gigi R. Crowder, L.E. Executive Director, NAMI Contra Costa; Taun Hall, Co-founder and CEO of the Miles Hall Foundation; moderated by Chris Celio, PsyD, Director of Clinical Programs, The Hume Center...AND MORE!!!

**(YOU CAN JOIN ONE SESSION, A FEW, OR YOU CAN JOIN THEM ALL, ITS UP TO YOU!)**

No Clubhouse event would be complete without a raffle, a heartwarming video of a member and family members who share their story, and member-created music and performances.

To register for this free virtual conference, please call Liliana at 925-691-4276, or email [liliana@putnamclubhouse.org](mailto:liliana@putnamclubhouse.org).

Please visit us at <https://www.putnamclubhouse.org/reimagineMentalHealth> for complete conference details. Click on the Reimagine Mental Health Conference Tab!

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