



## ICHANGE Mentor Program

*The Interfaith Chaplaincy Affirming a New Generation of Excellence*

An interfaith community offering healing-centered spiritual care to justice-involved youth and young adults as they become the change they want to be!

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*ICHANGE provides training in spiritual care and mentoring to caring people of faith as they in draw upon their own compassion, spirituality, and life lessons and commit to support and assist justice-involved young adults with ongoing weekly contact and guidance for at least a year.*

### **Steps to becoming a mentor:**

- Contact ICHANGE to **register for Orientation** and to receive **application and screening forms**
- Complete ICHANGE **application and screening** forms for Dept of Probation
- Attend orientation**
- Participate in **interview** with ICHANGE staff leadership or in person
- Complete training** sessions
- Receive Letter of acceptance, **complete Interest Inventory**
- Attend **group sessions with youth** at Juvenile Hall; complete **Match Request**
- Receive and **accept match** recommendation
- Meet at Juvenile Hall** until mentee is released
- Meet in community** until closure

### **Winter 2022 Training Schedule (updated 1/5/22)**

*The evidence-based foundations of our healing-centered spiritual care and mentoring offer caring adults the training and ongoing support they need to mentor justice-involved youth.*

Due to Covid, all training will be offered by Zoom on Sundays (3:00-5:00) and Wednesdays (5:30-7:30) with options for independent study for some modules via recorded training sessions.

Feb 2	5:30-7:00	Orientation
Feb 6	3:00-5:00	Trauma-informed mentoring
Feb 9	5:30-7:30	Cultural sensitivity and responsiveness; strengths-based mentoring
Feb 13	3:00-5:00	Restorative justice practices and developing emotional intelligence
Feb 16	5:30-7:30	Challenges of reentry to community; community resources
Feb 23	5:30-7:30	Education and training opportunities; job search strategies and resources
Feb 27	3:00-5:00	ICHANGE policies and procedures; reporting requirements; getting started

Department of Probation volunteer training session and tour of Juvenile Hall TBD



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ICHANGE is a new mentoring and spiritual care outreach program sponsored by:

- the Interfaith Council of Contra Costa County
- The Chaplaincy of Juvenile Hall
- ICHANGE Committee Members
- Community volunteers

In collaboration with the Juvenile Justice System, community-based organizations and services, and the youth and families of Contra Costa County.

Our Mission: To provide justice-involved youth and young adults with the support and guidance of caring adults from the Interfaith community that will:

- Offer healing-centered spiritual care that is culturally sensitive and responsive, trauma-informed, strengths-based, and grounded in restorative practices.
- Guide youth as they develop critical reflection and social/emotional skills that will enable them to explore new possibilities, develop and fulfill their goals, and to avoid further justice involvement.
- Assist youth in identifying their internal strengths and the external assets that will provide continuing support as they become responsible adults and contributing members of the community.

Our Goals: To help young adults to develop:

Confidence: A sense of self-worth and belief in their capacity to succeed

Character: A connection to and an ability to embody personal principles and values

Caring: Sympathy and empathy for others; commitment to community

Contribution: Active participation and leadership that makes a positive difference

Competence: The ability to act effectively in different settings

Connection: A feeling of safety and belonging; positive bonds with people and social institutions

## Join Us!

For information on how to become an ICHANGE mentor,  
or to arrange a presentation for your congregation or organization  
contact: Meg Keeley [mek.ICHANGE@gmail.com](mailto:mek.ICHANGE@gmail.com)

